



THE TUESDAY



November 11, 2008

Cynthia Roe, Principal

Dear Mountain Oak School Community,

As the days get colder and darkness comes earlier we humans spend more time indoors. Perhaps the television gets turned on more often and out come the electronic games. Following is an excerpt taken from the book, *Growing Up on Television* by Kate Moody.

"...we now have evidence that habitual viewing can affect a young person's basic outlook and sensibilities, predisposition to violence and hyperactivity, IQ, reading ability, imagination, play, language patterns, critical thinking, self-image, perception of others, and values in general. Further, habitual TV viewing can affect the physical self as it can alter brain waves, reduce critical eye movements, immobilize the hands and body, and undermine nutrition and eating habits."

Your child is attending a school in which fostering the creative abilities of every child is inherent in the curriculum as well as developing the will to accomplish the goals of a sharp intellect and kind heart. As your child lives in and experiences the curriculum at Mountain Oak we recommend limiting the amount of media a child is exposed to. Following is a list of needs that will further the healthy development of every child.

- to experience physical activity which challenge his body appropriately for his level of development;
- to experience herself as an active participant in life, capable and effective in her efforts, creating a strong self-image;
- to explore and develop human relationships and values;
- to acquire fundamental skills in communication; to learn to read, write , express himself clearly, and develop a capacity for analytical thinking;
- to release innate imagery through creative fantasy play, developing a strong imagination;
- to experience quiet time to sort his experiences, find his inner resources, and allow them to provide imaginative responses to his life. (Karen Rivers)

We hope you will consider finding alternatives to media interaction this season.

Warmly,

Cindy Roe



Read All About It...



8th Grade Spaghetti Dinner Fundraiser!

This Friday, November 14, 2008, 5:00 - 8:00pm in the Prescott High School Multipurpose Room

Adults - \$10.00

Children - \$5.00

Advance tickets now on sale during the Friday bake sale, from any 8th grade student, or stop by the school office. Thank you for supporting the 8th grade class!

♥ 4th Grade Craft Faire 11/19 11:30-1:30 & 11/20 2:30 -4:00.

Handmade holiday crafts and gifts made by the students! Fun & inexpensive, for your holiday shopping! Music, entertainment! And homemade soup, cider & more available on Wednesday, while it lasts!

♥ Taryn Kennedy is looking for a cabin-sitter over the Christmas holidays.

She needs someone to take care of her cat and stay in her cozy cabin from Dec. 24th to Jan. 1st. Anyone interested please call

830-2563 or email tarynpaper@gmail.com. Thank you

Remember to stop by the office to pick up **Pumpkin Festival items** that you may have lent the school.



PLASTIC BAGS WANTED!

The 7th Grade is collecting all plastic bags. Please bring your plastic bags to the 7th grade classroom **throughout the school year.**



November/December 2008



SUN	MON	TUES	WED	THUR	FRI	SAT	
2	3	4 Board Meeting 3:30 p.m.	5	6	7	8	
9	10 <i>Lantern Walk</i> KG, 1st & 2nd Grades	11 No School Veteran's Day!	12 Today	13 Merry Gold Kindergarten Parent Meeting 3:10p—4:15p	14 Spaghetti Dinner! 5pm Parents' Night Out! 6-9pm Call Anna 499-9379 to RSVP	15	
16	17	18 Lunch Order Forms Due Today!	19	20 Walk Thru the Grades (RSVP)	21 Fall All School Assembly Mile High Middle School @6pm	22	
23	24	25	26	27 Thanksgiving	28	29	
December	1	2	3	4	5	6	
		Parent Teacher Conferences— Call to Schedule Early Dismissal 12:30 for 1st thru 8th grades					
7	8	9	10	11	12 Rock Music Festival	13	
14	15	16	17	18 Walk Thru the Grades (RSVP)	19	20	
21	22	23	24	25	26		
Winter Break - No School - Have a Wonderful Holiday - See you on Monday 1/5/09							

Tuesday Newsletter Submissions

are accepted by email mtnoak@cablone.net no later than Friday morning.